

## Paris' Dental Journey

In September 2022, Paris retired from the show ring to live with her new owner Tracy. Tracy has submitted this information about Paris' dental care.

Paris' teeth were professionally cleaned and scaled in June 2021, but they were in need of attention, due to a buildup of Plaque and Tartar in a short two years. This is a photo of her teeth before I started the daily routine.



I started with getting Paris used to having her teeth brushed every day with organic coconut oil. She was very agreeable!

The first thing I did was transition her from kibble to raw, as my research found that a study done in Australia showed dog's teeth that had been professionally cleaned, were put back on kibble, and in less than a year, needed another cleaning. I have always preferred raw for dogs anyhow. The transition to Raw took 4 weeks, as I didn't want to rush her and cause stomach upset.

In December 2022, I started with Leba III spray at night time, but wanted to find something else, due to the alcohol in the spray. I found Dr Judy Morgan Dental spray which seemed to be something that might work and didn't have any alcohol. (Dr Judy's Dental Health Formula from [dogsage.ca](http://dogsage.ca)). We started the Dr Judy spray on Jan 14, 2023.

In February 2023, we started to get more serious about removing the tartar! Pictures in this article started in February 2023. Still searching for easier plaque removal, I watched a video from Dr Judy Morgan advertising CANIDENT (brown seaweed from Ireland). I ordered it from Ireland ([seaweedfordogs.com](http://seaweedfordogs.com)), and in a month received my canister of Canident. Started Canident on Feb 28, 2023.

At this time, I also introduced Paris to a Dental Tartar scraper. She was such a good sport and allowed me to gently scrape her canines! At this point, we are still brushing her teeth every day, and putting 2 drops of the Dental spray on her toothbrush on the Organic coconut oil. (Each side). We progressed to scraping her other teeth.

On April 27, 2023, we went to the Vet for a dental exam, and I showed the Vet the before pictures. Once she examined Paris' teeth, she was shocked at the difference. We had moved from a Stage 2 periodontal disease to a Stage 1 periodontal disease, and NO cleaning was required. That saved me \$700, but my concern was more the fact that Paris didn't have to go under sedation for a cleaning. Our goal is to move to a Stage 0, which is possible once the final 2 teeth are cleaned of Tartar. As of April 28, 2023, all her teeth are clean!



We continue with daily brushing, and Paris looks forward to the process. She still gets 2 drops of Dental Formula (per side) and Canident sprinkled on her food every day.

What was the 'magic bullet' for the remarkable progress?? I would say all of the above!



Coconut oil, toothbrush (children size), Dr Judy dental spray, Canident, and dental pick